

Title	Village Green and Folly field Matters		
Author	Clerk to the Council		
Meeting	Woodcote Parish Council Meeting – 18 th February 2026		

7.1. To approve uplift to quote for repair of the wooden fence between the car park and the recreation ground.

The works started in the week of the 2nd February and are complete pending removal of the perished wood. The number of posts that had rotted were found to be at least twice the estimate and had to be dug out manually. However it was possible to reuse some of the longer boards with some judicious cutting to minimise the purchase of new timbers.

The additional cost to the budget is **£250 /TBC**



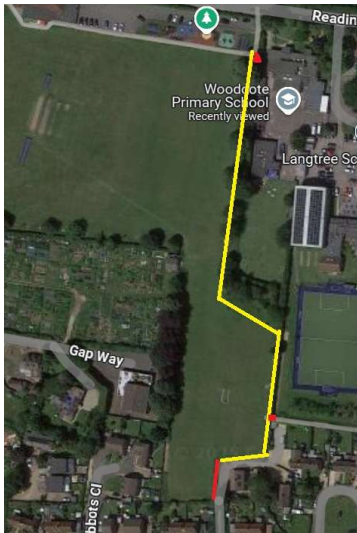
7.2. To note that the construction of the new Resin path is taking much longer than anticipated due to the weather with some additional costs incurred for which the contractor is seeking a budget uplift.

The tender for the path did not clearly specify two areas, where the path joined with the existing path and where it passes in front of the kissing gate to the unmade path. It also did not extend the full distance to the entrance to the recreation ground from the close.

Upon measurement the contractor has estimated additional costs of:

- Extra Footpath Length Area Total – 48m² = £6,341.76 plus VAT
- Triangular Area adjacent to pplay ground – 15m² = £1,981.80 Plus VAT
- Extra Footpath Area at Kissing Gate Entrance – 6m² = £792.72 plus VAT

- bringing the total to **£63,816.28 + VAT**



- The red lines/dots show the additional areas of path.

In addition the weather conditions have greatly slowed down the construction process and required the unexpected requirement to bring in dry soil to complete some sections.

Extract from my weekly progress report from the contractor below:

Just a quick update on progress this week. We've had another challenging few days, continuing the pattern of the last two weeks, as the weather has really been against us.

As we discussed previously, this work would have been far more cost-effective in the summer. Because of the conditions, we've had to use ground-protection spreading boards and bring in additional low-ground-pressure machinery to avoid any unnecessary damage to the existing surface. We've also needed to import topsoil.

Despite these challenges, we've still made good progress. Around 75% of the top half of the footpath is now complete, excluding the top surface.

7.3. To note the current practice goal, believed to have been installed by the original village green committee is damaged. To agree actions.

The goal posts are designed to be mobile so that they can be moved around the small recreation ground. The metal frame to hold the side of the net has been bent out of shape and one of the wheels on the main frame is missing.

Appendix B

The goalposts did not appear on the council asset list and the Clerk was recently made aware by Mr Peats that it ought to be. Mobile full sized aluminium goal posts with wheels cost between 2 and 3K new. The Clerk has not obtained costs to repair the existing goal.



Woodcote Village Hall Flat Roof Repair Project Committee

TERMS OF REFERENCE

1 Introduction

The Council recognises that the repairs to the Village Hall flat roof are urgent and that it is desirable that the works be carried out as soon as possible with the summer holiday period being the most advantageous time to carry out any remedial works. As such, in the interests of expediency, the Committee is being set up to assess the viability and affordability of any options presented for the repairing of the roof, facilitating public meetings and transparent management of public monies.

2 Remit

The Committee is responsible for the management of the Village Hall Flat Roof Repair Project, including liaising with the Project Manager, any contractors, and the Village Hall Trustees and making recommendations to the Council on the works needed, including tendering documents, and grant applications to go some way to covering the cost of the project.

3 Frequency of Meetings

To meet as required to support the remit and scope of the Village Hall Flat Roof Repair project.

4 Appointment of members

The Committee will be comprised of x members appointed at the next full Parish Council meeting, with a quorum of three. Membership shall consist of 3 Councillors and 2/3 Co-opted members of the Village Hall Trustees. Councillor members can be substituted with any other Councillor to ensure that 3 Councillors are in attendance at all meetings.

4.1 Co-opted Members

Co-opted members agree to abide by the Council's adopted Code of Conduct and Standing Orders, sign a declaration of acceptance of office and return their Register of Members Interest within 28 days of appointment.

A council email address will be provided to each co-opted member, this address should be used for all business relating to their work on the Committee. Should they use their personal address for committee work, it should be noted that their entire personal mailbox would also be subject to inspection in the event of an information request under GDPR legislation in effect at the time of the request.

5 Chair

The Chair is to be elected annually by the Committee at their first meeting, before proceeding to any other business. The office shall be held for the duration of the project.

6 Voting

Only members appointed to the committee may vote at the meeting. In the case of an equal vote the Chair of the Committee shall have a second or casting vote.

7 Meetings

Duration for a maximum of 2 hours, with any unfinished business being taken at the beginning of the next meeting. In exceptional circumstances the meeting may be extended with a vote taken by Members. In all other respects the Committee will follow the Council's adopted Standing Orders in effect at the time of the meeting.

8 Minutes

All minutes shall be open for inspection, and received by the Council at the first meeting after the Committee has approved them. Where possible the Clerk will be in attendance to take the minutes of the meeting. Where this is not possible a member will take notes of the meeting to enable the Clerk to create the minutes, or a recording of the meeting will be taken to allow the minutes to be written after the meeting.

9 Specific Delegated Powers

- To prepare recommendations to the Council for approval for the works to the Village Hall Roof
 - The solution should be durable as possible to ensure longevity of the repair.
- To prepare for approval tendering documentation or other quotes, to be presented to the Council.
- To seek out and prepare grant applications, to be submitted to the awarding body by the Clerk.
- To authorise small works to facilitate final solution up to a maximum of £1,500. All expenditure must be managed in accordance with the Council Financial Regulations.
- To liaise with Contractors; Village Hall Trustees; Grant Awarding Bodies.

10 Review

This Terms of Reference document was approved for use at the meeting of the Parish Council on 18th February 2026.

Signed:

Dated: 18th February 2026

Cllr K Davies, Chair of the Council

DRAFT

Title	Uncontrolled Pedestrian Crossing
Author	Clerk
Meeting	Woodcote Parish Council Meeting – 18 th February 2026

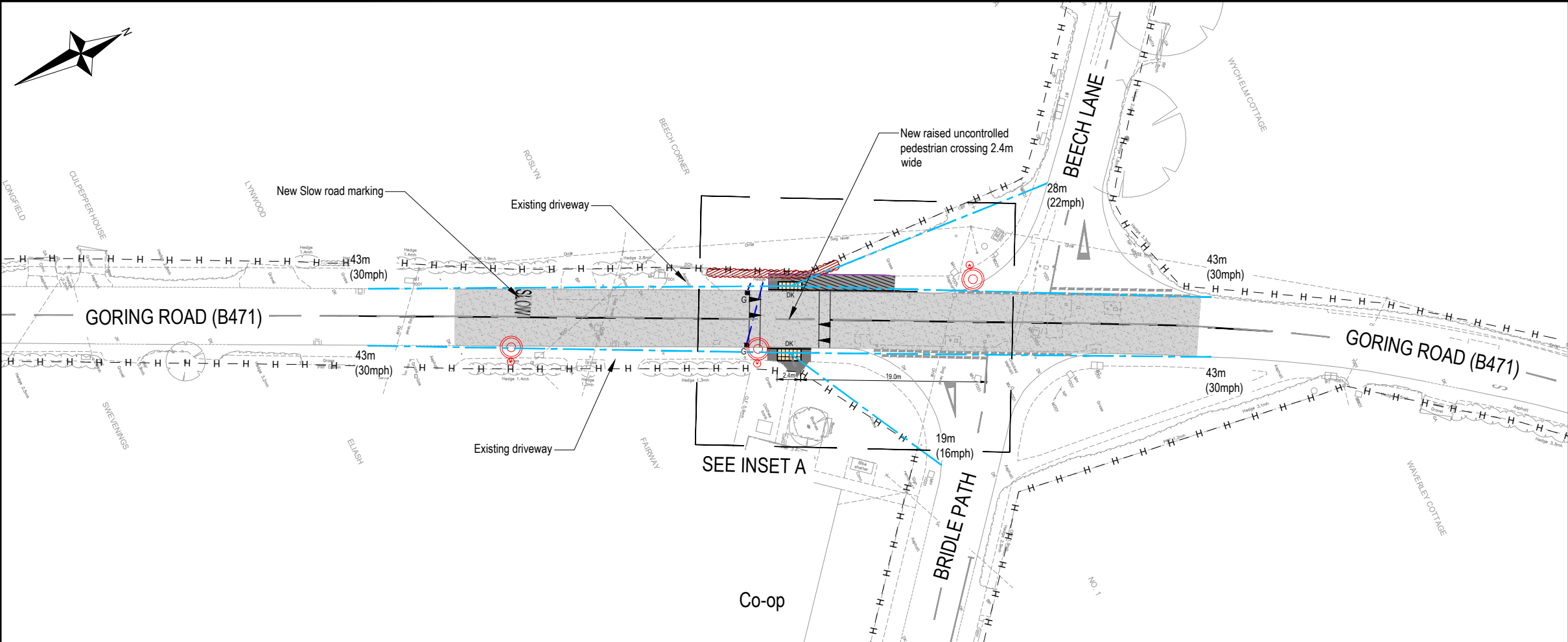
9.1. To review OCC costs for lighting design around the proposed crossing.

The design for the uncontrolled raised table pedestrian crossing has been submitted to the OCC Senior Traffic Officer who has made some recommendations.

Both the current street lighting and the drainage have to be evaluated with the possibility that they will need enhancements.

A quote from OCC for the evaluation and design of the lighting is £1384.00 + VAT and payable before the work is started.

The design scheme is appended to this document as is the letter from the OCC informing Glanville about the charge for street lighting design.



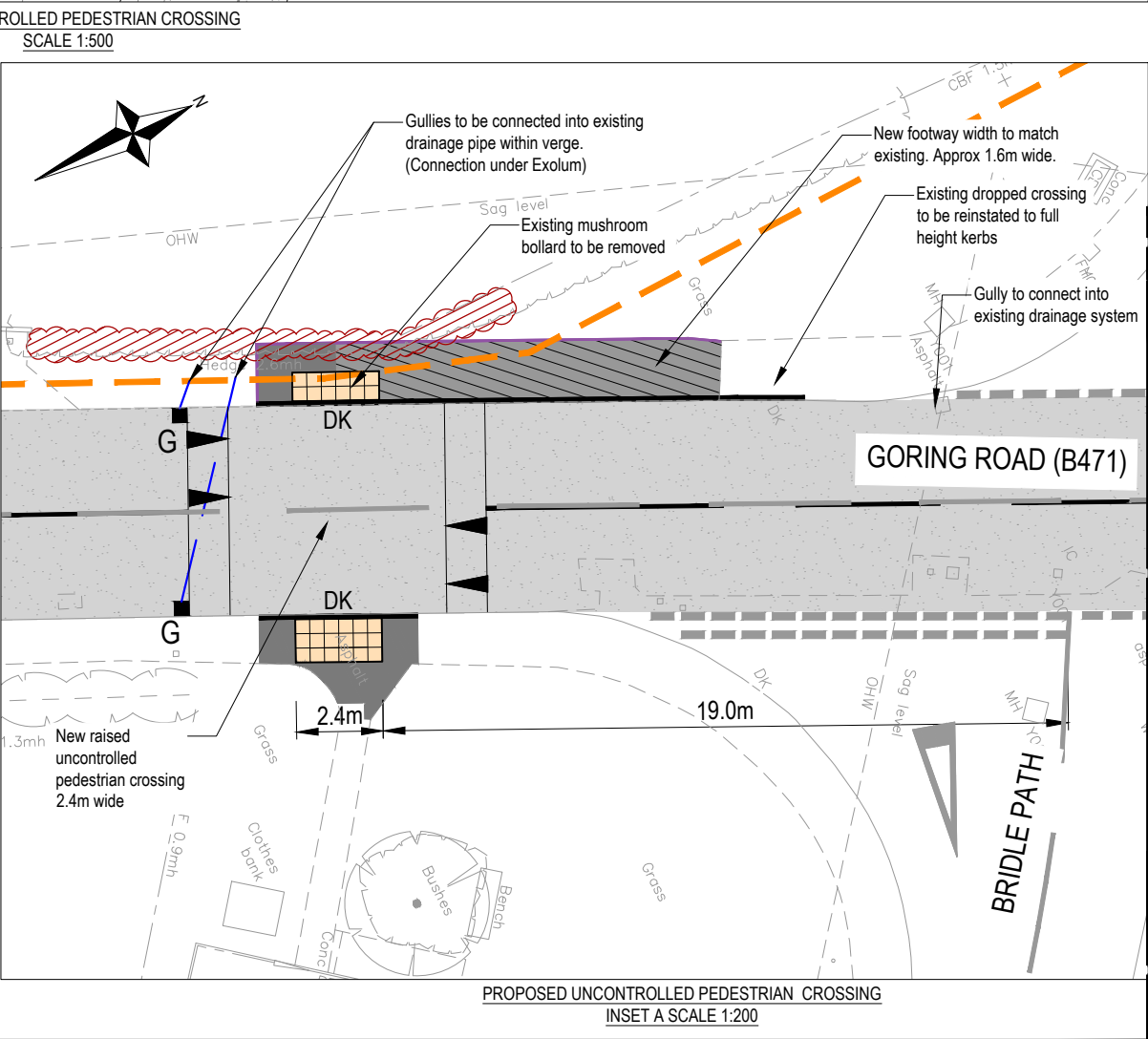
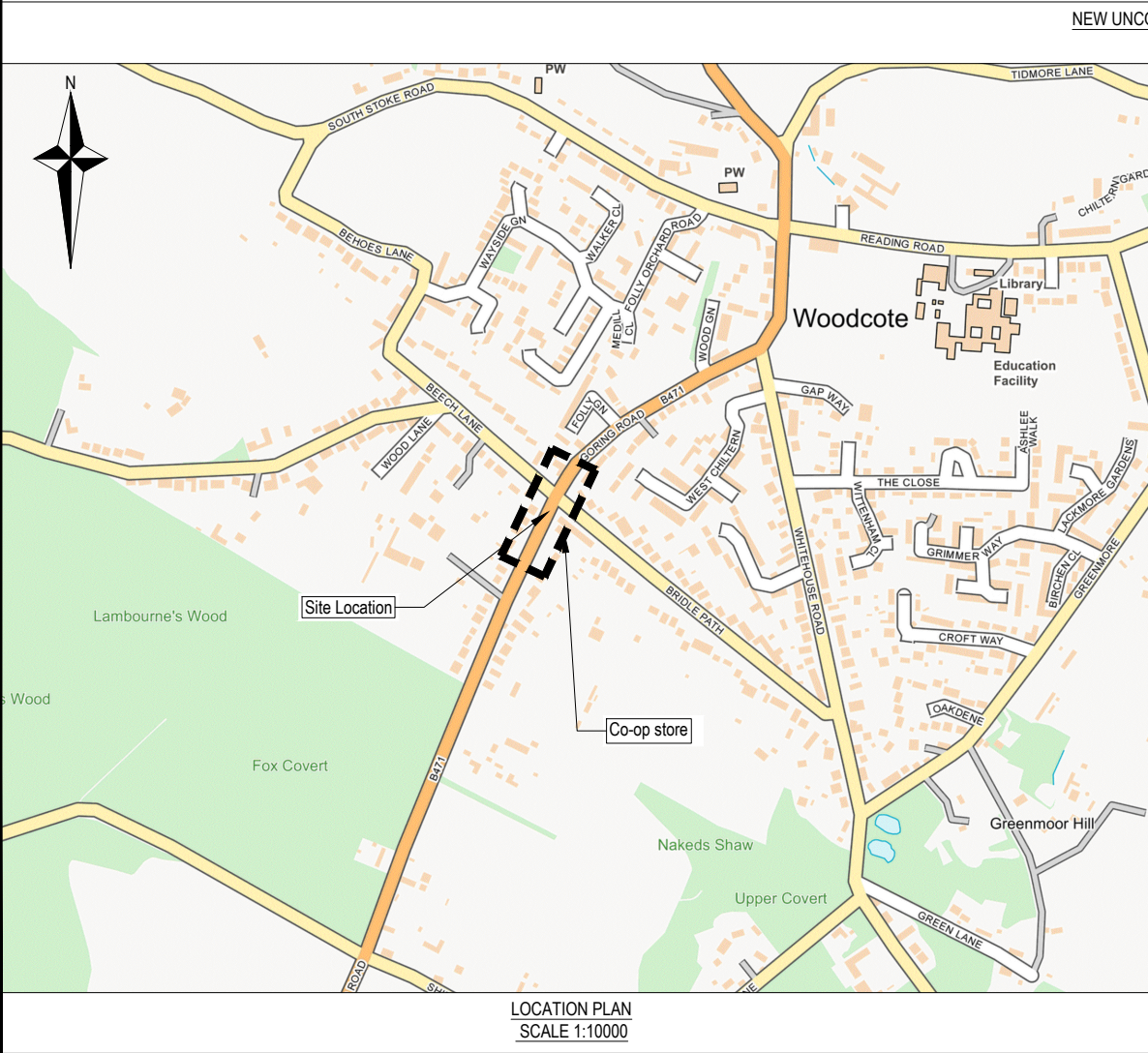
NOTES

This drawing is to be read in conjunction with all relevant documents and specifications.

Dimensions are not to be scaled.

Source: Glanville survey drawing 8200700-4101.dwg

- KEY**
- New buff blister tactile paving
 - Extents of carriageway resurfacing
 - New gully and connection
 - Approximate location of existing Exolum pipeline
 - Existing highway boundary (interpreted from Oxfordshire County Council records)
 - New street lighting column, indicatively shown. To be confirmed by Oxfordshire County Council Street Lighting at Detailed Design.
 - Existing vegetation to be cut back to the highway boundary
 - 0.5m x 'y'm pedestrian visibility splays



Rev.	Description	Date	By	Chkd
 Survey > Plan > Engineer				
 Civil Engineering  Structural Engineering  Transport Planning  Highways Engineering  Building Surveying  Geomatics Hertfordshire Oxfordshire Cambridgeshire Bristol				
Client : Woodcote Parish Council				
Project : Goring Road, Woodcote				
Title : Proposed Raised Uncontrolled Crossing General Arrangement				
Engineer : A. Moeller		Date : January 2026		
Director : M. Ford		Scale : As Shown @ A3		
Status :		APPROVAL		
Drawing No. 8230233/6104				Rev -

Reference: A6059

Oxfordshire County Council
County Hall
New Road
Oxford I
OX1 1ND

Glanville

Cornerstone House
62 Foxhall Road
Didcot
Oxfordshire
OX11 7AD

10th February 2026

Re: Street Lighting Section S278 Gording Road, Woodcote

The County Council have resolved to make a charge for Street Lighting design work carried out for third parties.

The design fee is based on the quantity of columns used on the installation subject to a minimum charge of £942 for each adoption agreement.

The design fee for the Section 278 Agreement is £1384 plus Vat. (£1660.80 inc Vat)

If you would like Oxfordshire County Council to proceed with designing your lighting scheme, can you please complete the attached form and return together with your official order. If you are completing your own design, can you send a declaration that you wish to make your own arrangements for the lighting design.

It should be noted that if you carry out the Street Lighting design it is vital that design complies with BS 5489-1:2020, European Standard EN 13201:2020 and the equipment used is approved by the County Council. A lighting design brief can be provided by the County Council. The design must be submitted to the Electrical Services – Lighting Team for approval prior to completion of any adoption agreement.

Please note that prior to any design work being taken on, or design brief being issued, all proposed highway areas must be agreed and approved by the development control department. All adoptable areas to have a minimum 1.5m service strip.

Yours sincerely

Andrew Cole

www.oxfordshire.gov.uk

For information I include a link to our privacy notice: www.oxfordshire.gov.uk/privacy. Should you have any queries about how we will use your data please do not hesitate to contact us.



Woodcote Neighbourhood Plan 3 Committee

TERMS OF REFERENCE

1. Authority

The Woodcote Neighbourhood Plan 3(WNP 3) Committee is appointed by and is solely responsible to the Woodcote Parish Council "the Parish Council". The WNP Committee duties are defined and agreed by the Parish Council which may vote at any time to modify the Committee's Terms of Reference (ToR). The WNP Committee will meet at least quarterly. Additional meetings may also be convened by the Woodcote Neighbourhood Plan Committee Chairman when necessary.

2. Membership and Quorum

The WNP Committee will consist of a minimum of Cllrs Peirce, Davies, and Bark and Malcolm Smith .Appointments to the WNP 3 Committee are to be made annually by the Parish Council at the Annual Parish Council Meeting. At its first meeting, following the Annual Parish Council Meeting, the WNP 3 committee will elect a Chair to preside at its future meetings. The quorum of the Committee will be three (3). Suitably qualified volunteers may be coopted to the committee as required.

3. Record of Proceedings

Written minutes will be taken to record the Committee's recommendations and will be circulated to all Councillors for the next Parish Council meeting. The minutes will be published on the Parish Council website and will also be available through the Clerk.

4. Purpose

To implement, monitor and report to the Parish Council on the implementation of the Woodcote Neighborhood Plan 3, and to recommend strategy and action on all matters relating to the Woodcote Neighborhood Plan 3 in accordance with current legislation and best practice.

5. Responsibilities

The Woodcote Parish Neighborhood Plan Committee will have the following specific responsibilities:

To review the range of work needed to take forward the implementation projects contained in the LNP, projects that evolve from the LNP and from the Resident Survey carried out as part of the LNP and establish a framework within which the tasks and projects can be taken forward.

To undertake an appraisal of the tasks and projects including an assessment of the resources likely to be available to take the projects forward, liaising with the Finance committee.

To prioritise the work to be done, establish a programme of work and provide guidelines for those undertaking the work.

To agree these priorities with the full Council to gain agreement to the projects and financial resources required to take them forward.

Signed:

Dated: 18th February 2026

Cllr K Davies, Chair of the Council

Date	Suggestions from Village Residents for 3 to 5 year improvements plan	Category
20/11/2025	Village canteen We could periodically serve a canteen style meal for people in the village hall. It could be arranged to encourage people to mix more with their neighbours, improving community bonds. With a limited choice (I used to have a really good common room lunch each day that served soup, a main course with meat/fish and a vegetarian option, fruit, and tea/coffee) it could be fairly low cost, hopefully cheap enough that no one has to consider the price in choosing to join in. Good models for this kind of thing come from the Oxford college senior common rooms, or the British Restaurants that we used to have during and after the second world war. It could demonstrate a useful function of the village hall as a community hub. If the village hall had an independent power supply then it could be used to serve people hot meals in the case of a few-day power outage. It would also be an investment into the village hall facilities.	Village amenities
20/11/2025	Library of things We could set up a library of things, allowing people to borrow for free/low cost pieces of equipment that they only need occasionally. This could save people having to buy their own rarely-used equipment, or enable people who cannot otherwise afford the equipment to do things themselves. If it was based out of the library, it would hopefully also increase usage and keep the library viable for longer. These have been gaining popularity in recent times, a good example is from https://www.benthyg-cymru.org/.	Village services
20/11/2025	Public transport We currently have pretty good bus service to Reading, Wallingford and Oxford, but poor service anywhere off the A4074. In particular, I think a short loop service from Woodcote to Goring would open up public transport access to more local amenities including the train station, the other medical practice, shops, restaurants, etc. there. Some recent legislation allows local authorities to run bus services: https://www.gov.uk/government/news/new-era-of-better-buses-landmark-bus-bill-becomes-law	Public Transport
20/11/2025	Youth services The youth club seems to be dying, and we don't have a lot going on for teenagers/young adults. Maybe the village could invest in a youth worker and some budget to get more support and activities for young people.	Village services

20/11/2025	Improving the school run chaos on Reading Rd We could work with the schools with the goal of getting most children to/from school without driving. Maybe we could set up bike/walking buses (like https://www.bikeability.org.uk/go-cycling/get-involved/bike-bus/), provide more bike infrastructure, set Reading Rd up as a school street, etc. OCC has been working on school streets: https://www.oxfordshire.gov.uk/residents/roads-and-transport/school-streets.	Traffic
02/12/2025	Path surfacing The latest Correspondent says you welcome suggestions. This is a small one. I attach a photo of the 'path' between the end of Grimmer Way and Wittenham Close. You will see that the short link shown is untarred. If past years are anything to go by, come the end of winter it will be a quagmire. Yet many people use this direct link to go to the bus stop in Whitehouse Road, as the best way to the Co-op by way of West Chiltern, etc, etc. Many would appreciate and gain from the tarring of this short stretch of path.	Village amenities
		

03/12/2025	Following the article in December's Correspondent, I would like to offer a suggestion to install bolt down speed cushions along Goring Road. to further address speeding traffic along Goring Road. While I appreciate the progress that has been made in designating the village as a 20 mph zone and installing speed sensors, the reality is that a significant proportion of traffic continues to exceed the limit. Based on regular observations near the Goring Heath end of the road, the sensors appear to have only a limited effect. They are not always working, and when they are, the red warning display is frequently activated, indicating vehicles travelling in excess of 30 mph I believe. Traffic generally only slows to nearer the 20 mph limit when approaching the crossroads by the Co-Op. A similar pattern occurs for vehicles leaving the village: once past the Co-Op, speeds quickly increase again, often exceeding 30 mph and, on many occasions, approaching 40 mph for a stretch of around 50-75 metres. From my observations, a rough estimate of vehicle speeds near the transition between the 20 mph and 30 mph zones would be: - Around 20% travelling at or close to 20 mph - Around 50% travelling between 25 mph and 35 mph - Around 20% travelling between 35 mph and 40 mph - Around 10% exceeding 40 mph (at times there are cars that I estimate are travelling over 45mph, particularly in the evenings and night) As a pedestrian, this makes walking along the road feel unsafe at times, especially where the pavement is narrow and when large HGVs pass at high speed. This is of particular concern for children walking to school, anyone walking on the pavement, and local wildlife, which often sees muntjacs along the side of the road. I am unsure of the cost implications to the Council for bolt down speed cushions, but I hope this is one of the less expensive ways to physically reduce speeding traffic, as it doesn't involve any changes to the existing tarmac, just an additional component on top. This would be my suggestion to improve the traffic in the village. I look forward to hearing what	Traffic
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14/12/2025	Evri Lockers Currently in Woodcote, we have three delivery lockers in the village, operated by DPD, InPost, and Amazon. I strongly believe that you should consider consulting with the Woodcote community and ask them if they want an Evri Locker. This will help community members who sell items on apps such as Vinted, eBay, and Depop. With the Evri lockers, this will help reduce people's carbon footprint, which means they will walk to the locker rather than driving to the nearest one, which is in Reading. I think some places in the village you consider to put it are: Kimberly's Hair and Beauty Salon, The Plaice, Londis, or Co op.	Other
20/01/2026	Roundabouts A member of the public left a phone message on the Clerk's phone suggesting that the Parish Council install a mini round about at the crossroads next to the Vllage Hall and one on the Reading Road where it meets Greenmoor.	Traffic

[Insert your community name here] Community Emergency Plan

Plan last updated on: DD/MM/YYYY

How to use this template: This template is designed for you to fill in the details of your community emergency preparations. There are examples given to help you fill the template. Detailed notes on how to create a plan can be found in the Community Emergency Plan Toolkit document here:

<https://www.gov.uk/government/publications/preparing-for-emergencies/preparing-for-emergencies#community-resilience>

If you are in immediate danger call 999

Plan distribution list

Name	Role	Phone number/email address	Issued on
Ms Epo	Local Authority Emergency Planning Officer	020 1234 5678	01/01/2011
Miss Flood	Local Flood Warden	<i>floods@anytown.uk</i>	

Plan amendment list

Date of amendment	Date for next revision	Details of changes made	Changed by
DD/MM/YY	DD/MM/YY	Annex X added	Community Emergency Coordinator
DD/MM/YY	DD/MM/YY	New Community Emergency Team members added	Community Emergency Coordinator
DD/MM/YY	DD/MM/YY	Updated volunteer details	Community Emergency Coordinator

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Local risk assessment

Risks	Impact on community	What can the Community Emergency Group do to prepare?
Example: River through village can flood	• Flooding of local streets • Blocked access to town hall • Damage to property	• Encourage residents to improve home flood defences • Work with local emergency responders to see if they can help with distribution of flood warnings and any evacuation and rest centre establishment required • Find out what flood defences exist or are planned in the area

Local skills and resources assessment

Skill/Resource	Who?	Contact details	Location	When might be unavailable?
Trained first aider	Sandy Fortman	01700 5668xx	17 Brookvale Street	Can usually leave work within one hour
4x4 owner/driver	Bob Southwold	01700 5648xx	Garages to rear of High Street	Tuesday mornings (already volunteers)
Chainsaw owner (tree surgeon)	Simon Chalmers	01700 5605xx	Simon's Landscaping – 4 Terrace Yard	Will need to travel from site
Water/food supplies	Village Shop	01700 5608xx	2 High Street	Shop closed on Weds but can call owner

Key locations identified with emergency services for use as places of safety

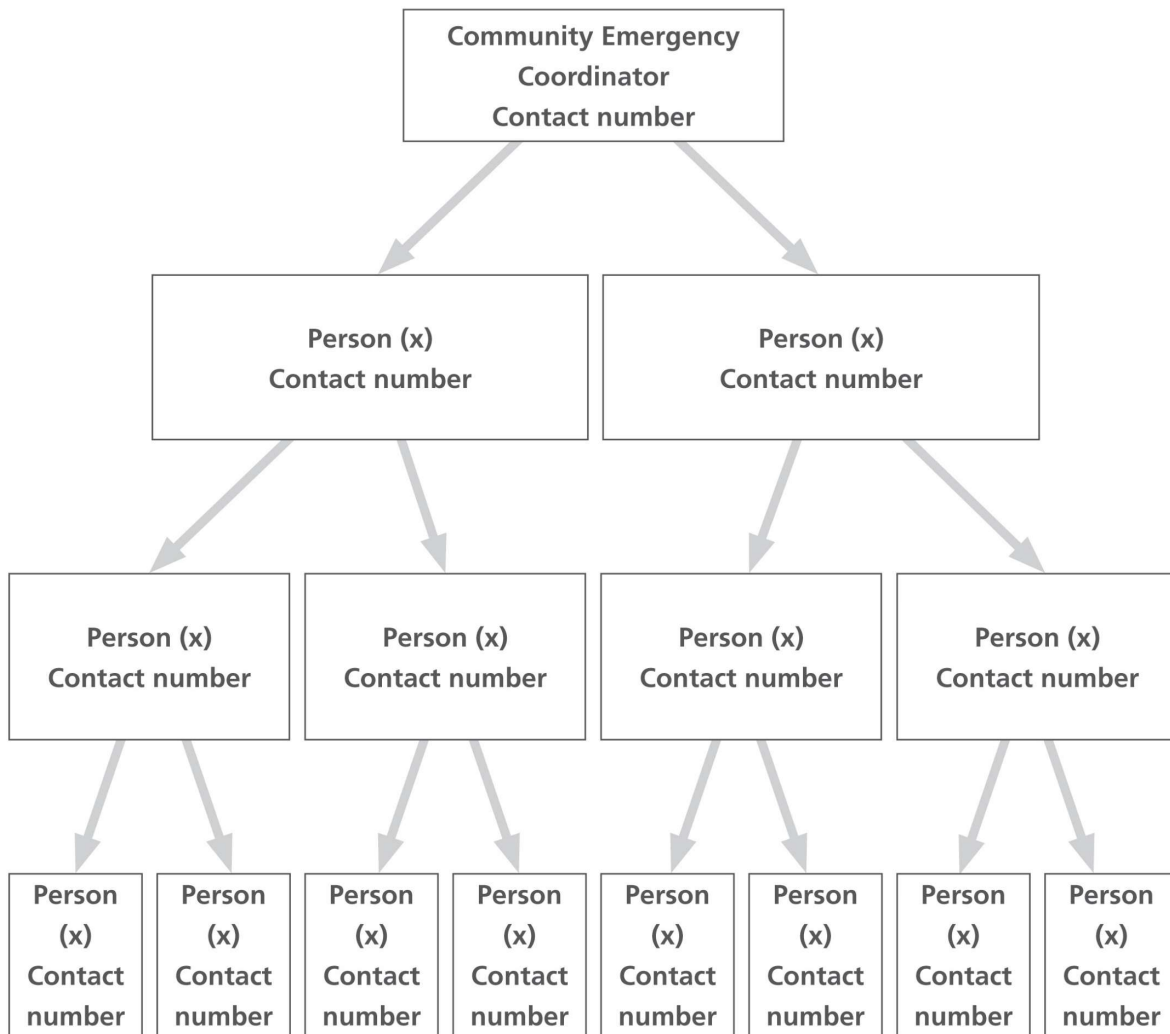
Building	Location	Potential use in an emergency	Contact details of key holder
Example: Church Hall	1 Church Square	Rest Centre/safe place	Colin Molesworth – Warden 07749 8557xx

Emergency contact list

Photo	Name: Paul Ridgeway
	Title: Community Emergency Coordinator
	24hr telephone contact: 07700 7785xx
	Email: xx@xx.xx
	Address: 2 Brook Road
Photo	Name
	Title:
	24hr telephone contact:
	Email:
	Address:

Sample telephone tree

The phone tree works as a pyramid, with the coordinator at the top making the first call to two or more people. In turn, they call an assigned set of people and so on, until the tree is complete.



List of community organisations that may be helpful in identifying vulnerable people or communities in an emergency

Organisation	Name and role of contact	Phone number
Anytown Care	Duty contact	07800 555xxxx

Activation triggers

[Use this space to record details of how your plan will be activated. You should include details of how the plan will be activated as a result of a call from the emergency services, and also how your community will decide to activate the plan yourselves, if the emergency services are unavailable]

1. When we get a flood warning
2. When PC Rathbone rings the coordinator

First steps in an emergency

[Use this space to add the steps to be followed in when the plan is activated]

	Instructions	Tick
1	Call 999 (unless already alerted)	
2	Ensure you are in no immediate danger	
3	Contact the Community Emergency Group and meet to discuss the situation	
4		
5		
6		
7		
8		
9		
10		

Community Emergency Group first meeting agenda

Date:

Time:

Location:

Attendees:

1. What is the current situation?

Location of the emergency. Is it near:

- A school?
- A vulnerable area?
- A main access route?
- Type of emergency:
- Is there a threat to life?
- Has electricity, gas or water been affected?

Are there any vulnerable people involved?

- Elderly
- Families with children

What resources do we need?

- Food?
- Off-road vehicles?
- Blankets?
- Shelter?

2. Establishing contact with the emergency services

3. How can we support the emergency services?

4. What actions can safely be taken?

5. Who is going to take the lead for the agreed actions?

6. Any other issues?

Actions agreed with emergency responders in the event of an evacuation

[Use this space to record details of the actions you can take to help your local authority if an evacuation is necessary in your community.]

1. Help police/local authority with door knocking
2. Tell emergency services who might need extra help to leave their home

Alternative arrangements for staying in contact if usual communications have been disrupted

Communication Type	Name of contact	Location
Radio	Anytown RAYNET - John Springston	22 Larch Drive

Community Flooding Guidance

Before Flooding

You can sign up to the Environment Agency's 'Floodline' which can notify you if there is a risk of flooding in your area through either a, flood alert, flooding warning, or severe flood warning. [You can sign up to be notified through either phone, text, or email.](#)

The [Oxfordshire Flood Toolkit](#) is a central hub providing information to homeowners, businesses, landowners, and communities on a range of flood-related topics such as risk areas around the county, preparing for and recovering from an emergency, and roles within the local authority. The Toolkit allows for flooding reports to be made directly to the council. Issues you notice that could increase the risk of flooding, such as a blocked drain, can be reported to the Oxfordshire County Council (OCC) Highways team through [Fix My Street](#).

The [National Flood Forum](#) is an independent charity supporting both individuals and communities at risk of flooding. They provide a number of services including, providing advice, ensure authorities take a community perspective and helping households with recovery after they have been flooded. The Forum's helpline, **01299 403055**, (9am-5pm, Monday-Friday) can be used to help provide advice about flooding related concerns.

SSEN provide annual [funding to communities](#) to support them to become more resilient. This can be used for projects such as installing a generator at a community hall or installing flood doors at the most vulnerable properties (Application period for 2024 has now closed).

During Flooding

If it is an emergency and there is a **risk to life, you should immediately call 999**

If flooding is anticipated, OCC will look to establish an Adverse Weather Page on their website. This will contain relevant, up to date information, and links to useful resources. This page will be accessible through the home page of the OCC website and links will be shared across social media channels.

Although they can provide protection for short periods of time, sandbags have been identified by the Environment Agency as largely ineffective in mitigating flooding compared to purpose-designed flood protection products. Sandbag policies can be found for [OCC](#), [Cherwell](#), [West Oxfordshire](#), [Oxford City](#) and [South Oxfordshire](#) and [Vale of White Horse](#) Councils.

The Royal Life Saving Society has provided [advice regarding water safety in a flood](#). The AA has also provided advice regarding [driving through deep water, heavy rain and floods](#). Flood water will likely contain sewage contaminant, so you should avoid walking in it where possible and be aware of risks such as missing manhole covers and exposed electrics.

For sewer flooding, Thames Water have provided a [step-by-step guide](#) for what to do if you experience sewer flooding. Issues can also be [reported directly to Thames Water](#).

After Flooding

Once water has subsided, it is important to be mindful of anything submerged. Flood water is often not clean, it can be contaminated with sewage, animal waste and other substances and therefore should be disposed of correctly. The UK Health Security Agency (UKHSA) has shared a wealth of information surrounding the [health effects following a flood](#).

If Government criteria is met, there may be funding available for residents to receive grants to support their recovery. This will be advertised on both county and district platforms.

[Flood Re](#) is a re-insurance scheme that makes flood cover more widely available and affordable as part of home insurance, helping households at the highest risk of flooding.

In Oxfordshire, a heatwave is declared when temperatures meet or exceed **27°C** for a period of at **least three consecutive days**.

During a heatwave, the Met Office may release an Extreme Heat Warning. This warning is designed to highlight the potential impacts of extreme heat to protect lives and property, helping people make better decisions to stay safe and thrive.

The UK Health Security Agency (UKHSA) may also release a Heat-Health Alert. For more information on the UKHSA heat-health alerts, including how to sign-up to receive alerts, please visit: www.metoffice.gov.uk/weather/warnings-and-advice/seasonal-advice/heat-health-alert-service

Your local District, Town or Parish Council may open cool spaces during periods of high temperatures and heatwaves. Voluntary groups may also support spaces or even set up their own. Cool spaces are designed to offer local residents accessible and welcoming locations where they can seek shelter from the sun, stay cool and enjoy some company. It is important to consider supporting those who are vulnerable with travelling to and from spaces, however it may be safer for some to remain home.

Your local District Council will also have a Severe Weather Emergency Protocol which they may activate during hot weather to support those who are homeless. Please contact your District Council or check their website for more information.

Advice for Residents During Periods of Hot Weather:

1. To reduce heat generated in the home, check your heating is off, turn off lights and electrical equipment not in use and try to cook at cooler times of the day. For essential devices that emit heat, consider closing doors to those rooms.
2. To stay cool in the home during the day, shade, or cover windows.
3. Open windows (when it is safe to do so) when the air feels cooler outside, such as at night, and get air flowing through the home to create a crosswind and consider sleeping downstairs where it is cooler
4. Use electric fans if the air temperature is below 35°C, but do not aim the fan directly at your body as this can lead to dehydration.
5. It may be cooler outside in the shade or in a public building (such as places of worship, or supermarkets) so consider a visit to cool down if you are able to safely travel there without putting yourself at more risk from the heat.



Extended periods of higher day and night-time temperatures can put our bodies under stress and exacerbate underlying or undiagnosed health conditions. Managing higher temperatures at home during day and night is equally important to protect our health.

If you are concerned someone may be overheating, seek medical advice by contacting NHS **111**. In an emergency, or if you think someone has heatstroke, dial **999**. For further information on heat exhaustion and heatstroke symptoms, visit: www.NHS.UK

Further Support:

For more information and posters with guidance for individuals you may wish to distribute amongst your community, please visit: www.gov.uk/ukhsa/beat-the-heat

Better Housing Better Health is a project aiming to improve the health and wellbeing of vulnerable people in their homes. For more information, to make a referral or request an assessment, please visit: www.bhbh.org.uk

